

WORLD ENVIRONMENT DAY

On the occasion of World Environment Day, the National Service Scheme (NSS) Unit of GSSS SSFGC organized a sapling plantation drive on 5th June 2025 within the college premises. The event was conducted under the leadership of Mr. Puneeth Kumar, NSS Program Officer. The event commenced with an address by Dr. Rakesh T.S, Principal of GSSS SSFGC, who emphasized the importance of environmental conservation and the role of youth in promoting sustainable practices. Faculty members and students actively participated in the initiative. As a symbolic gesture towards promoting a greener environment, Dr. Rakesh T.S along with other faculty members and NSS volunteers planted saplings in the college campus. The participants showed great enthusiasm and pledged to take care of the plants and spread awareness about environmental protection.



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GSSS First Grade College, in collaboration with the IQAC, celebrated World Environment Day with great enthusiasm on 5th June 2025. The event emphasized the importance of environmental sustainability and promoting eco-consciousness among students. A noteworthy initiative was introduced by the institution on this occasion: saplings were distributed to students as a symbolic and practical step toward fostering a greener tomorrow. Mr. Ravikiran, Assistant Professor, Department of Commerce, addressed the gathering and delivered an inspiring talk on the significance of maintaining a green and clean campus, linking it to the broader goal of a sustainable world. He encouraged students to adopt eco-friendly practices in their daily lives and to be ambassadors of change within their communities.



WEBINAR on PoSH ACT 2013



On 6th June 2025, the faculty members of GSSS First Grade College, Mysuru, attended a national-level webinar organized by AICTE on the *Prevention of Sexual Harassment (POSH) Act, 2013* and *UGC Regulations, 2015*. The session aimed to raise awareness about the legal provisions and institutional responsibilities related to preventing and addressing sexual harassment in higher education institutions. Key topics included the formation and functioning of Internal Committees, complaint redressal mechanisms, and best practices for ensuring a safe and inclusive academic environment. The webinar provided valuable insights into creating a gender-sensitive workplace and reinforced the commitment of GSSS SSSFGC towards fostering a respectful and secure campus culture.

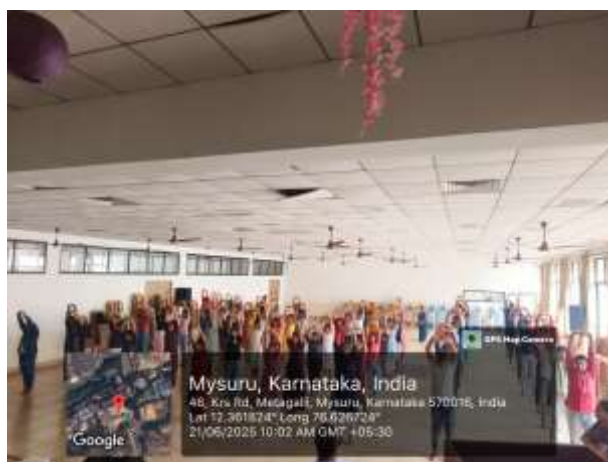
Awareness Programme on Drug Abuse

On 20th June 2025, GSSS SSSFGC organized an awareness programme on drug abuse in association with IQAC and Karnataka State Police for all its students, aiming to educate them about the harmful effects and legal consequences of substance abuse. The keynote speaker for the event was Mr. Shabarish, Sub-Inspector of Metagalli Police Station, Mysuru who addressed the gathering with insightful information on the growing threat of drug addiction among youth. He emphasized the importance of making informed choices, staying vigilant, and seeking help when needed. The session was interactive and impactful, leaving a strong message about the need for collective responsibility in combating drug abuse.



11th International Yoga Day

On 21st June 2025, the 11th International Yoga Day was celebrated in association with IQAC at GSSS SSFGC with great enthusiasm. The event began with an orientation session by Physical Education Director Mr. Darshan, who highlighted the significance of yoga in promoting holistic well-being and emphasized this year's theme, *"Yoga for One Earth, One Health."* He encouraged students to incorporate yoga into their daily lives for better physical and mental health. Following the address, a yoga session was conducted where students actively participated and practiced various Aasanas, reflecting the spirit of unity, mindfulness, and wellness.



International Olympics Day

An orientation programme was organized on 23rd June 2025 to celebrate International Olympics Day. Mr. Drashan, the Physical Education Director, addressed the students and emphasized the significance of sports and the Olympic spirit. He highlighted how sports instill discipline, promote teamwork, and foster global unity. The session was highly motivating and encouraged students to actively engage in physical activities. Mr. Drashan also stressed the role of sports in personal growth and national development. The programme concluded with a renewed enthusiasm among students to embrace a healthy, active lifestyle and uphold the true spirit of sportsmanship.



A Talk on Start Up and Entrepreneurship

On 24th June, GSSS FGC organized a special talk on entrepreneurship as part of its ongoing skill development programme. The session was attended by students from various departments and aimed at fostering entrepreneurial thinking among young minds. The keynote speaker, Ms. Sarah Mishra, Senior Director at Reap Benefit, delivered an insightful presentation focused on key aspects of entrepreneurship such as fundraising, financial management, and emerging opportunities in the entrepreneurial ecosystem. Ms. Mishra shared her experiences and provided practical guidance on how to navigate the challenges of starting and sustaining a business. She emphasized the importance of innovation, problem-solving, and a growth mindset in today's competitive world.



Samvidhan Hatya Divas

On June 25th, GSSS First Grade College observed *Samvidhan Hatya Divas* to commemorate the declaration of the Emergency in 1975 and reflect on its impact on Indian democracy and the Constitution. The event aimed to educate students about the significance of constitutional values and the importance of safeguarding democracy and fundamental rights. Mrs. Seethamma, Assistant Professor from the Department of Commerce and Management, addressed students from all departments. In her speech, she emphasized the core constitutional values of justice, equality, liberty, and democracy. She spoke about the events during the Emergency period and how democratic institutions and civil liberties were undermined, urging students to remain vigilant and uphold the spirit of the Constitution. A short video documentary was screened to provide visual context and raise awareness about the consequences of misusing constitutional power. The documentary served as a reminder of the need to preserve democratic values and protect the rights granted by the Constitution.



Orientation Programme



GSSS First Grade College (SSFGC), Metagalli, Mysore, organized its annual Orientation Programme for the newly admitted students on June 30th, 2025, under the guidance of the Internal Quality Assurance Cell (IQAC). The event aimed to welcome the fresh batch of students and provide them with insight into the academic environment, institutional values, and holistic development opportunities at the college. The Chief Guest for the occasion was a renowned Yoga Guru and Social Activist. In his keynote address, he stressed the growing importance of physical fitness among today's youth. Drawing attention to the health issues caused by sedentary lifestyles and excessive screen time, he emphasized the critical need for incorporating yoga and regular physical exercise into daily life. He also spoke about the mental health benefits of yoga, encouraging students to adopt a balanced lifestyle for overall well-being. Following this, the Presidential address was delivered by Mrs. Anupama B. Pandit, the Secretary of the institution. She welcomed the students warmly and motivated them to make the most of the opportunities provided by the college. The Chief Guest and Guest of Honour felicitated the top-performing second-year PUC students who had taken admission in the college, as well as the outgoing degree students who graduated with outstanding academic achievements. The program concluded with an inspiring address by Dr. Rakesh T. S., Principal of GSSS School of Social Sciences for Girls College, Mysuru. He introduced the dedicated faculty members and shared valuable words of encouragement with the students. In his closing remarks, he expressed gratitude to everyone present and reassured the parents that their children would be nurtured in a safe, supportive, and academically enriching environment. The Heads of Departments, along with all faculty members, extended their heartfelt wishes for the continued success of the student

“Let’s not wait to be prompted. Let us go out today, tomorrow and the days that follow and let us demonstrate our humanity.”

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